

Adult Health and Wellness Guidelines

Females Ages 18-34



State and School Employees' Life and Health Insurance Plan

Not Subject to Calendar Year Deductible • 100% of allowable for covered procedures
Payable only for Network Providers and for Blue Plan Providers (outside Mississippi)

PROCEDURE/FREQUENCY	CPT CODES ACCEPTED FOR EACH PROCEDURE
Preventive medicine evaluation, re-evaluation, or office visit. Two visits per year Blood pressure, one procedure per year Breast exam, one procedure per year	99385: Initial preventive medicine evaluation 99395: Periodic preventive medicine re-evaluation 99201-99205: Office or other outpatient services, new patient 99211-99215: Office or other outpatient services, established patient G0402: initial preventive physical examination, face-to-face visit, services limited G0438: Annual Wellness Visit; includes a personalized prevention plan of service, initial visit G0439: Annual Wellness Visit; includes a personalized prevention plan of service, subsequent visit S0610-S0613: Annual Gynecological Examination
Hemoglobin, hematocrit, or CBC If pregnant, one procedure per pregnancy.	85018: Hemoglobin 85013, 85014: Hematocrit 85025, 85027, 85032, 85041, G0306, G0307: CBC
Immunizations/TB skin test as needed	See Immunization Codes
Pap smear: For ages 21-34 once every three years or for ages 30-34 once every five years when performed in conjunction with HPV testing. Pelvic exam One procedure per year	88141, 88142, 88143, 88147, 88148, 88150, 88152, 88153, 88154, 88164, 88165, 88166, 88167, 88174, 88175, G0101, G0123, G0124, G0141, G0143, G0144, G0145, G0147, G0148: pap smear 87620, 87621, 87622 (HPV testing), for ages 30-34 once every five years.
Lipid Profile Includes Cholesterol, Serum, Total lipoprotein, Direct measurement, High density cholesterol (HDL Cholesterol) One per year for ages 21 and older	80061: Lipid Profile

PROCEDURE/FREQUENCY	CPT CODES ACCEPTED FOR EACH PROCEDURE
Glucose One procedure per year For high-risk individuals only	82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 82950: Post glucose dose 82951: Tolerance test (GTT), three specimens 82962: Glucose, blood by glucose monitoring device(s) 36415 and 36416: Routine venipuncture
Diabetes Screening	83036-83037: Hemoglobin; A1C
Gestational Diabetes Mellitus Screening One per pregnancy For asymptomatic pregnant women after 24 weeks	82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 82950: Post glucose dose 82962: Glucose, blood by glucose monitoring device(s) 36415 and 36416: Routine venipuncture
Breast and Ovarian Cancer Susceptibility, Genetic Risk Assessment and BRCA Mutation Testing	81211-81217: Ovarian/Breast Cancer Molecular diagnostics 83890-83894: Ovarian/Breast Cancer Molecular diagnostics 83896-83898: Ovarian/Breast Cancer Molecular diagnostics 83900-83909: Ovarian/Breast Cancer Molecular diagnostics 83912: Ovarian/Breast Cancer Molecular diagnostics 88271-88272: Molecular cytogenetics 99401-99402: Preventive medicine counseling S3818: Complete gene sequence analysis; BRCA1 gene S3819: Complete gene sequence analysis; BRCA2 gene S3820: Complete BRCA1 and BRCA2 gene sequence analysis for susceptibility to breast and ovarian cancer S3822: Single mutation analysis for susceptibility to breast and ovarian cancer S3823: Three-mutation BRCA1 and BRCA2 analysis
Gonorrhea, Screening Sexually active women only	87081: Culture, presumptive, pathogenic organisms, screening only 87205: Smear, primary source with interpretation 87492: Infectious agent detection by nucleic acid (DNA or RNA) 87590-87591: Infectious agent detection by nucleic acid (DNA or RNA) 87800-87801: Infectious agent detection by nucleic acid (DNA or RNA) 87850: Infectious agent detection by Immunoassay with direct optical observation

PROCEDURE/FREQUENCY	CPT CODES ACCEPTED FOR EACH PROCEDURE
Alcohol Misuse Screening and Behavioral Counseling Interventions	96150-96155: Health and behavior assessment and intervention 98960-98962: Education and training for patient self-management 99385 and 99395: Comprehensive preventive services 99401-99404: Preventive counseling 99406-99409: Alcohol abuse structured screening and brief intervention H0001: Alcohol and/or drug assessment H0004: Behavioral health counseling H0049: Alcohol and other drug screening H0050: Alcohol and/or Drug services
Breastfeeding, Primary Care Interventions to Promote and Support Breastfeeding	99401-99404: Preventive medicine counseling/risk factor reduction 98960: Education and training for patient self-management
Breastfeeding, Equipment One manual breast pump per pregnancy	E0602: Breast pump, manual, any type ONLY COVERED WHEN SUBMITTED WITH PRIMARY DIAGNOSIS Z39.1
Breastfeeding Supplies	A4281: Tubing for breast pump, replacement A4282: Adapter for breast pump, replacement A4283: Cap for breast pump bottle, replacement A4284: Breast shield and splash protector for use with breast pump, replacement A4285: Polycarbonate bottle for use with breast pump, replacement A4286: Locking ring for breast pump, replacement ONLY COVERED WHEN SUBMITTED WITH PRIMARY DIAGNOSIS V241
Chlamydial Infection, Screening Ages 18-24	87270: Infectious agent antigen detection by immunofluorescent technique 87320: Infectious agent antigen detection by enzyme immunoassay technique 87110: Chlamydia, culture, any source 87810: Infectious agent detection by immunoassay with direct optical observation 87490-87492: Infectious agent detection by nucleic acid 87800-87801: Infectious agent detection by nucleic acid, multiple organisms 86631-86632: Antibody; Chlamydia
Diet, Behavioral Counseling in Primary Care to Promote Health	99402-99404: Preventive medicine counseling/risk factor reduction, individual 99411-99412: Preventive medicine counseling/risk factor reduction, group 98960: Education and training for patient self-management S9470: Nutritional counseling, dietician visit

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HIV, Screening One procedure allowed per calendar year	86689: HTLV or HIV antibody, confirmatory test 86701: HIV-1 antibody 86702: HIV-2 antibody 86703: HIV-1 and HIV-2 antibody, single assay 87389: HIV-1 antigen(s), with HIV -1 and HIV-2 antibodies, single result 87390: Infectious agent antigen detection by enzyme immunoassay 87391: Infectious agent detection by enzyme immunoassay technique, qualitative or semi quantitative, multiple step method; HIV- 2 87534-87536: Infectious agent antigen detection by nucleic acid (DNA or RNA) S3645: HIV antibody testing of oral mucosal transudate
Sexually Transmitted Infections, Counseling	99401-99404: Preventive medicine counseling/risk factor reduction 99411: Preventive medicine counseling/risk factor reduction
Syphilis Infection, Screening	86592-86593: Syphilis test 86781: Antibody 87166: Dark Field examination 87164: Dark Field examination 87285: Treponema pallidum antigen
Contraception Counseling and Coverage	J7298: Levonorgestrel-Releasing Intrauterine Contraceptive System, 5 year device J7301: Levonorgestrel-Releasing Intrauterine Contraceptive System J7303: Contraceptive supply, hormone containing vaginal ring, each J7304: Contraceptive supply, hormone, containing patch, each J7306: Levonorgestrel (contraceptive) implant system, including implants and supplies J7307: Etonogestrel (contraceptive) implant system, including implant and supplies 96372: Therapeutic, prophylactic, or diagnostic injection (specify substance or drug); subcutaneous or intramuscular 11981: Insertion, non-biodegradable drug delivery implant 11982: Removal, non-biodegradable drug delivery implant 11983: Removal with reinsertion, non-biodegradable drug delivery implant
Insertion of intrauterine Device One device and insertion every five years	58300: Insertion of intrauterine Device J7300: Intrauterine Copper Contraceptive S4989: Contraceptive intrauterine device (e.g., Progestacert IUD), including implants and supplies

PROCEDURE/FREQUENCY	CPT CODES ACCEPTED FOR EACH PROCEDURE
Inpatient/Outpatient Tubal Ligation	<p>58565: Bilateral Fallopian tube cannulation to induce occlusion by placement of permanent implants</p> <p>58600: Ligation or transection of fallopian tube(s), abdominal or vaginal approach, unilateral or bilateral</p> <p>58605: Ligation or transection of fallopian tube(s), abdominal or vaginal approach, postpartum, unilateral or bilateral, during same hospitalization</p> <p>58611: Ligation or transection of fallopian tube(s) when done at the time of cesarean delivery or intra-abdominal surgery</p> <p>58670: Laparoscopy, surgical, with fulguration of oviducts (with or without transection)</p> <p>58671: Laparoscopy, surgical; with occlusion of oviducts by device (e.g., band, clip, or falope ring)</p> <p>00851: Anesthesia, tubal ligation/transection</p>